



Stand Up Doormat: A Relationship Survival Guide For "The Nice Guy": (Understanding Women, Love, Spirituality & Ourselves)

Gary DeJidas

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Tired of being taken advantage of *for being too nice*?

You don't have to turn into a jerk, but you will have to change. It took me many years and tons of mistakes to figure out what I was doing wrong. Call "Stand Up, Doormat" an *instruction manual for Nice Guys* or whatever, just don't make the same stupid mistakes that I did. Please.

In this book you'll learn:

- **how to recognize when you're about to be hosed.**
- **to avoid patterns that leave you depleted & defeated.**
- **how to have a drama-free, awesome relationship for once and for all.**

Awesome Chicks want a "bad boy" about as badly as they want their next car to be a 1988 Corolla. Hot chicks wanting to date a jerk is a total myth. Every woman wants to date a nice guy. But no woman wants a doormat. Huge difference. Doormats equal no respect, and get walked all over.

CAST OF MY (FICTITIOUS) EX GIRLFRIENDS

- **THE HOT MESS**
- **THE ROLLER COASTER**
- **THE MOVING TARGET**
- **THE QUEEN BABY**
- **"EL DIABLO"**

After I finished writing this Nice Guy Relationship Survival Guide, a thought occurred to me. Most guys do not like to read. Being a guy myself, I know the difficulty in getting myself to read anything besides a restaurant menu. Even then I prefer numbered pictures. There are so many things I'd rather be doing, watching, taking apart, I mean fixing... instead of reading. Even reading this description while I type it is a bit challenging.

Then it hit me. I'll just include a perfectly cooked steak with each Kindle ebook purchase. Guys love a quality cut of meat. Download-a-steak links, with medium rare, medium, and medium well options. (A noodle quiche link for my vegetarian buyers). But this Kindle download format is throwing a major wrench in my game. No matter how fast the download speed, I can't keep the steak hot. And nobody will be encouraged to buy this book if it comes with a cold T-Bone. Surprisingly, the noodle quiche downloads perfectly every time.

Tasty gimmicks aside... here's the deal. I spent 1000 days in relationship hell with women, before I finally

found my spine. Like so many of us Nice Guys out there, I thought the answer was trying to make "them" happy. Being "nice," by sacrificing my needs for theirs. Well, after an extended stay in Motel Inferno, I can assure you... that isn't the answer. We find the answer the moment we shift our focus off of "them," and focus i-n-w-a-r-d, taking responsibility for our choices, lives and relationships.

"Stand Up, Doormat" is divided into three sections:

1. **Personal Growth & Spirituality**
2. **Understanding Women**
3. **Learning What Women Really Want (And Really REALLY Don't Want).**

The chapters are also arranged like steps, in the same order I found most beneficial in my own journey of evolution from being a wimp with women, growing a set and ending my suffering, to finally getting out of relationship hell for good. Read these pages, and the Awesome Chicks will come.

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The first 10 pages or so of the book are included as a free preview. *Please CLICK* on the picture of the book cover to open the preview.

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From reader reviews:

Kimberly Rubio:

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James Chavez:

In this period globalization it is important to someone to acquire information. The information will make anyone to understand the condition of the world. The health of the world makes the information simpler to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You can view that now, a lot of publisher that will print many kinds of book. Typically the book that recommended for your requirements is Stand Up Doormat: A Relationship Survival Guide For "The Nice Guy": (Understanding Women, Love, Spirituality & Ourselves) this book consist a lot of the information on the condition of this world now. This particular book was represented how do the world has grown up. The vocabulary styles that writer make usage of to explain it is easy to understand. The writer made some investigation when he makes this book. Here is why this book suitable all of you.

Roger Moxley:

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Terrance Pitt:

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