



# **The Foundations of Better Woodworking: How to use your body, tools and materials to do your best work**

*Jeff Miller*

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## Woodworking with Mind, Body, and Senses

What's the secret to producing beautiful furniture that you and your family will treasure for generations? It starts with the fundamentals--those essential, yet often overlooked principles upon which all of your skills should be based.

In *The Foundations of Better Woodworking*, craftsman, teacher and noted woodworking author Jeff Miller clearly lays out these basic concepts, helping you understand:

- How proper body position and mechanics improve your ability to cut precise joints, as well as add efficiency and safety.
- Just what it means to cut a line.
- How the wood works, so you can avoid such problems as tear out, splitting and warping--whether you use hand tools, machinery or both.
- How woodworking tools actually cut and work, so you learn to use them more easily, effectively and accurately.

Follow the advice in this book and you'll build the foundation for making significant advances as a woodworker. Your time in the shop will be more rewarding, and your results more satisfying.

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