



Same Shit, Different Day

Heather Elliott

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Same Shit, Different Day Heather Elliott

Your MIND is the new frontier...

Is YOURS creating the life you desire to live?

No one wants to embrace the fact that they have the key to what's holding them back. In the pioneering work of Heather Elliott, she shows you how to rewire your brain to fully transform old limited thinking or emotional patterns that hold you back from living the life you desire. If you are feeling stuck, and want to get unstuck, answer these two questions:

- Are you ready to do the work that will deliver a new you? To become someone who succeeds, others want to work with and for, is more productive, and less stressed?
- Are you ready to delete behaviors and embedded attitudes that are holding you back to transform your future?

Within Same Shit, Different Day, you will get the how-to solutions. Patterns that have been embedded for years can be eliminated; unconscious behaviors that hold you back will be outed; and a new reality that you create that supports your aspirations and goals can be achieved.

Get ready to experience "Ahas" ... "OMG, that sounds like me" to "Finally, I can let go and become who I want to be." Transformation happens. A different day has begun.

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Robert Shelby:

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Donna Hufnagel:

Spent a free time for you to be fun activity to complete! A lot of people spent their spare time with their family, or their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the reserve untitled Same Shit, Different Day can be very good book to read. May be it may be best activity to you.

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