



**Dreams and Lucid Dreaming Self-Hypnosis,
Guided Meditation, and Subliminal Affirmations
Collection: Four Books in One (The Sleep
Learning System)**

Joel Thielke

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Get a deep, amazing sleep that will revitalize you, while learning how to find your spirit guide, connect to your higher self, and control your dreams. It's all here in this Sleep Learning System collection, from certified hypnotherapist, Joel Thielke.

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind for faster and longer learning.

Joel Thielke's guided meditation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. The special Sleep Induction will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

It's easy to use and you'll see fast results. Why wait? Embrace and explore your dream world today with The Sleep Learning System.

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