



# You're So Mummy

*Alex Manson-Smith, Sarah Thompson*

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**You're So Mummy** Alex Manson-Smith, Sarah Thompson

**You're So Mummy is an honest take on 21st-century motherhood that sticks two finger-puppets up at parenting manuals.**

This isn't a book mothers can turn to for advice. It's not going to tell you how to make your kid sleep, or how to get them into a good school, or anything useful at all in fact. Instead it's a hilarious look at what's happening inside the minds of once-normal women who now find themselves in charge of small people.

Lifelong best friends Sarah Thompson and Alex Manson-Smith agree that motherhood is the best thing that's happened to either of them, but wanted to read a book that acknowledged what a royal pain in the arse it can be. So that's what they've written.

From not having sex to losing it over food, *You're So Mummy* covers the real issues confronting today's mothers. For mums who have been around the park too many times, *You're So Mummy* will make you howl in grateful recognition.

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