



The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships

Kelly Valen

Download now

[Click here](#) if your download doesn't start automatically

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships

Kelly Valen

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships Kelly Valen

You know all about so-called "mean girls" and competitive, judgmental women. Maybe you had a cruel high school experience straight out of the movie *Carrie*. Maybe you find yourself anxious because your daughter's peers are excluding her. Maybe you've been harassed or marginalized by other females for being something they were not: fat, acne-prone, too pretty, not pretty enough, brainy, religious, anxious, overconfident, a different kind of mother. Maybe you have a difficult female boss or co-workers who are wreaking havoc on your ability to thrive or trust them in the workplace. Maybe you've shrugged it all off and figured: *That's just the way human beings sometimes operate, or I'm not going to feed the cultural or media stereotypes by whining about other women*. But have you ever considered what all this negativity is doing to our gender? The stories differ, and the consequences of our incivility range in severity, but one thing seems almost universal: women carry powerful impressions and memories of their female-inflicted wounds. The hurt lingers.

In *The Twisted Sisterhood*, Kelly Valen picks up where her arresting *New York Times* essay about a painful sorority encounter left off. Praised by the likes of *Oprah* magazine, *Good Morning America*, the *Washington Post*, Associated Press, *Marie Claire* and *More* magazines, among many others, *TTS* pulls back the curtain on the darker aspects of female relationships, revealing the troubling findings from her unique survey of more than three thousand women from all walks of life. Leaving males out of the equation for purposes of this book only, Valen reveals the demoralizing fallout of our shenanigans and shines a light on the paradox of women supporting -- and, often gratuitously -- sabotaging one another. Her interviews and research show that although women are often each other's best, most life-sustaining sources of support, there is a dark underbelly to female relationships worth exploring. The vast majority of women in Valen's survey, for example, report that although they have at least one girl-friendship they wouldn't want to live without, well over half still approach female camaraderie with a wariness or flat-out distrust and admit that they are unable--or unwilling--to extend themselves to certain types or groups of women. An overwhelming majority have endured serious knocks from other girls or women to explain this wariness. A staggering 97% of those polled believe it is crucial that we work to improve the female culture.

Laying bare the legacy of the belittled "girl wars" across a woman's life, *The Twisted Sisterhood* offers up groundbreaking research and anecdotal findings about the hidden, long-term effects of our manipulations, competitions, judgments, and outright bullying. Capturing the true attitudes of contemporary women, *TTS* gives voice to the lingering memories, ambivalence, and struggles so many of us quietly experience, and considers the net effect of our darker inclinations: an increasingly inhospitable and dysfunctional society of women. Valen also looks to the future, offering hope and practical ideas for how girls and their mothers, women, and "sisters" can come together and improve their profoundly needed female connections.

No matter how content or supported you feel with your current circle of girlfriends or colleagues, and no matter how placid a daughter's navigation of GirlWorld might appear, Valen explains, each of us holds a stake in listening to other's experiences and helping foster a more mindful civility within the gender.

 [Download The Twisted Sisterhood: Unraveling the Dark Legacy ...pdf](#)

 [Read Online The Twisted Sisterhood: Unraveling the Dark Lega ...pdf](#)

Download and Read Free Online The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships Kelly Valen

From reader reviews:

Katrina White:

Do you one among people who can't read pleasurable if the sentence chained in the straightway, hold on guys this kind of aren't like that. This The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships book is readable by you who hate those straight word style. You will find the details here are arrange for enjoyable studying experience without leaving possibly decrease the knowledge that want to deliver to you. The writer of The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships content conveys objective easily to understand by many individuals. The printed and e-book are not different in the articles but it just different as it. So , do you nonetheless thinking The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships is not loveable to be your top record reading book?

Bobbie Burke:

The book untitled The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships is the guide that recommended to you to learn. You can see the quality of the e-book content that will be shown to you actually. The language that writer use to explained their ideas are easily to understand. The author was did a lot of research when write the book, and so the information that they share to your account is absolutely accurate. You also could possibly get the e-book of The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships from the publisher to make you considerably more enjoy free time.

Benjamin Torres:

The guide with title The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships contains a lot of information that you can learn it. You can get a lot of gain after read this book. This particular book exist new understanding the information that exist in this reserve represented the condition of the world right now. That is important to yo7u to understand how the improvement of the world. This particular book will bring you within new era of the glowbal growth. You can read the e-book on your own smart phone, so you can read this anywhere you want.

Andrew Joy:

Is it you who having spare time in that case spend it whole day by watching television programs or just telling lies on the bed? Do you need something totally new? This The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships can be the response, oh how comes? A fresh book you know. You are and so out of date, spending your free time by reading in this new era is common not a nerd activity. So what these textbooks have than the others?

Download and Read Online The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships Kelly Valen #UKPJ16SEOTZ

Read The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen for online ebook

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen books to read online.

Online The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen ebook PDF download

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen Doc

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen Mobipocket

The Twisted Sisterhood: Unraveling the Dark Legacy of Female Friendships by Kelly Valen Epub