

The Attention Deficit Answer Book: The Best Medications and Parenting Strategies for Your Child

Alan Wachtel, Michael Boyett



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Over one million children have been diagnosed with ADHD and Ritalin is the most commonly prescribed drug used to combat the problem. While Dr. Wachtel advocates the use of appropriate medications, including Ritalin, Dexedrine, and anti-depressants, he also believes ADHD is more than a biological problem, affecting a child's self-esteem, social life, and the ability to perform well in school. In this comprehensive book, readers will discover:?How to get an accurate diagnosis?other disorders cannimic ADHD?How to select a specialist?The three classes of medication used and how to determine which one will work best for their child?The use of behavior modification?What to do when a child is resistant to treatment?How to enlist the support of the child's teacher.The Attention Deficit Answer Book expertly guides readers step-by-step through the process of deciding how to best handle their child's particular case.?The success of related books such as The Myth of the A.D.D. Child shows there is interest in ADHD and its treatment.?The Attention Deficit Answer Book is accessible, written in a question-and-answer format.

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Michael Counts:

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Jackie Caldwell:

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