



# Healing the Wounds That Hurt Relationships: Practical and Spiritual Help

*Martin W. Rovers*

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## **Healing the Wounds That Hurt Relationships: Practical and Spiritual Help** Martin W. Rovers

We all bring a wound or two from childhood to our relationship with our spouse. In *Healing the Wounds that Hurt Relationships*, psychologist Martin Rovers helps you examine and re-create your relationship in a healthy and loving way.

This is a hope-filled book for individuals and couples, as well as those who work with them in counseling: people who want to love and be loved, who want to know where love comes from, how it works, how love can live or die and, especially, how to love a fuller loving life with their spouse.

### **PART 1**

Ch. 1: Family of Origin: The Wounds are Born

Ch. 2: My Wounds, as Best as I Know Them

Ch. 3: Falling in Love: Love Blinds Us to the Wounds

Ch. 4: The Honeymoon is Over: Marriage is a Real Eye-Opener

Ch. 5: The Dance of Wounds

### **PART 2**

Ch. 6: Re-Creating the Relationship

I: Know Thyself

Ch. 7: Re-Creating the Relationship

II: Communication

Ch. 8: Re-Creating the relationship

III: Emotional Connectedness

Ch. 9: Re-Creating the Relationship

IV: Spirituality and Forgiveness

Conclusion: From Dance of Wounds to Dance of Love

"It is amazing. You have taken some difficult concepts and translated them into a readable form. You offer such hope and provide a clear map as how to get back on track and live an enriching relationship. You have drawn from many masters and used their work to build a unique model for yourself. Many times couples ask me if there is a book they can read. Now I have one."

—Jim, Marriage and Family Therapist

"Dr. Rovers' book is firstly about hope; for troubling relationships and for those who seek to improve theirs. Granted all relationships take work or they would have no lasting value. The exercises given to do are not daunting, but achievable. Just as "it takes many stones to make a mountain," little efforts can make for great results. It is with gratitude that I read this book and found it to be heartfelt, insightful, fresh in perspective and a real asset to the field of couple building, so needed in today's society. I like very much the dialogue wheel and will start using it right away. I look forward to future works by this author."

—Carol, Teacher

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### **From reader reviews:**

#### **Mary Peterson:**

Typically the book Healing the Wounds That Hurt Relationships: Practical and Spiritual Help has a lot details on it. So when you make sure to read this book you can get a lot of help. The book was authored by the very famous author. The author makes some research before write this book. This particular book very easy to read you can obtain the point easily after looking over this book.

#### **Marian Knight:**

Playing with family in a very park, coming to see the coastal world or hanging out with friends is thing that usually you might have done when you have spare time, then why you don't try matter that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Healing the Wounds That Hurt Relationships: Practical and Spiritual Help, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hang type is it? Oh can happen its mind hangout people. What? Still don't have it, oh come on its known as reading friends.

#### **Kayla Congdon:**

The book untitled Healing the Wounds That Hurt Relationships: Practical and Spiritual Help contain a lot of information on that. The writer explains your girlfriend idea with easy technique. The language is very clear and understandable all the people, so do not necessarily worry, you can easy to read this. The book was compiled by famous author. The author provides you in the new era of literary works. It is easy to read this book because you can continue reading your smart phone, or gadget, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official website and order it. Have a nice read.

#### **Sharon Baker:**

This Healing the Wounds That Hurt Relationships: Practical and Spiritual Help is brand-new way for you who has curiosity to look for some information given it relief your hunger associated with. Getting deeper you in it getting knowledge more you know or else you who still having small amount of digest in reading this Healing the Wounds That Hurt Relationships: Practical and Spiritual Help can be the light food to suit your needs because the information inside that book is easy to get by simply anyone. These books acquire itself in the form which can be reachable by anyone, yes I mean in the e-book type. People who think that in book form make them feel sleepy even dizzy this guide is the answer. So there is no in reading a guide especially this one. You can find actually looking for. It should be here for anyone. So , don't miss this! Just read this e-book kind for your better life as well as knowledge.

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