



# Diary of a Modern Day Goddess

*Cynthia Daddona*

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**Diary of a Modern Day Goddess** Cynthia Daddona

**A lighthearted account of one woman's quest for enlightenment.**

In a humorous, fresh twist on the topic of spirituality, award-winning writer Cynthia Daddona shares her quest to become a modern-day goddess: a woman in touch with her joyful, feminine, and spiritual self. Her essays and advice offer inspiration, spiritual truths and chuckles that soothe the soul. Her insightful musings range from affirmations to meditations, from yoga to yogurt, from finding Nirvana to finding the perfect pump at Nordstorm. In every essay, you'll find humor mixed with very deep understandings as a metaphor for how to live. Daddona does not claim to be a doctor, a therapist or the Roman goddess Venus, just an everyday woman with a never-ending quest to become completely in touch with her inner soul, inner comic and divine feminine spirit. Indeed, she shows us how humor is a beautiful tool in the never-ending quest for inner wisdom and reminds us that laughter is vital to every goddess.

*“Cynthia has a truly divine sense of humor- but what else would you expect from a Modern Day Goddess.”*  
-- Doug Adrianson, Los Angeles Times

*“Cynthia shows readers that humor is a beautiful tool in the continuing quest for inner wisdom...You go goddess.”*  
-- Publishers Weekly

*“Cynthia’s humor and energy wake people up with a smile. This goddess has it all.”*  
-- Jeanne Bergh, CBS Sunrise Morning News

*“Cynthia is a very funny lady. She got me in touch with my inner goddess, who turned out to be an old woman named Maude Frickert. I was so taken by her book on enlightenment, I leave the lights on 24 hours a day.”*  
-- Jonathan Winters, Comedian

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