



# Graffiti: Learning to See the Art in Ourselves

*Erin Davis*

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**Beauty is one *ugly* subject!**

It's no secret that girls struggle with feeling gross, fat, skinny, tall, short, or inadequate, thanks to distorted ideas of what beauty really is. The media is no help, with its airbrushed and enhanced images of models and movie stars.

The answer isn't dieting or new clothes or surgery. The answer is found in the Word of God.

Author Erin Davis, who has struggled plenty with her own body image, takes young women on a journey of discovery and love to a new image of themselves as daughters of God.

She addresses issues such as how we talk to ourselves, truths about our bodies, redefining flaws, disordered eating, and true inward beauty in this honest and thought-provoking book. Journal prompts help readers dig deeper into each chapter.

Young women will come to a deeper understanding of physical and spiritual beauty as they look in the mirror through God's eyes.

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