



Unlocking the Power of Balance: Tools and Techniques for Creating and Accessing your Inner Knightspirit

Jeff Leland

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In this compelling and thought provoking book, author and spiritual seeker Jeff Leland uncovers the deepest secrets of life's most important questions regarding religion, re-incarnation, spiritual experience, and our place in the universe, bringing together both light and dark aspects for a clear picture of who we are, why we are here and what we can take from the experience. Using techniques such as journeys with ayahuasca, meditation, astral travel, and dreams as his foundation, Jeff Leland describes the experiences, insights and evidence that opened the door to a new view of the intimate relationship between what we experience, how we perceive it and how that perception can be influenced by outside controls. In doing so, he reveals the ultimate meaning underlying our purpose here on earth, our relationship to our higher selves, our hidden "Knightspirit" and the underlying quest we all share to establish balance in an unbalanced world of polarities.

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