



Life Is A Game, Play It! (Life Is... Book 1)

SSSST Publications Division, Joy Thomas

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"The world is teaching man innumerable lessons all the time. Each one should try to discover for himself the secret of his life and the Universal Consciousness that is inherent in him. The first requisite for each one is to make himself his own guru," said Bhagawan in a discourse at Sri Sathya Sai University (then, Sri Sathya Sai Institute of Higher Learning) on July 3rd, 1986. This book is the story of the efforts made by the author in obedience to that instruction and of some of the ways she has been assisted in her inner search by Baba's simple, but very effective teaching methods. This book does not attempt to tell anyone else how to live his life. It does not include any experiences, except those of which the author has first-hand knowledge. No attempt is made to describe or explain Sathya Sai Baba, but the author illustrates by incidents in her personal story what knowing Him has meant to her.

This book is the first volume in the quartet, the other volumes being, "Life Is A Challenge, Meet It!", "Life Is A Dream, Realize It!", "Life is Love, Enjoy It!".

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