

Everyday Thai Cooking: Easy, Authentic Recipes from Thailand to Cook at Home for Friends and Family

Siripan Akvanich

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Everyday Thai Cooking brings you the secrets of cooking delicious Thai food straight from Thailand. Author Siripan Akvanich draws on her years of experience of cooking for her restaurant customers in Thailand to enable you to create authentic Thai dishes, ranging from curries and meat and fish dishes to wonderful Thai desserts. With clear instructions and insider tips, Siripan helps you bring these dishes - many of them traditional family recipes - to life and shows you how to make them a-roi (delicious)! Everyday Thai Cooking shows you how straightforward it can be to cook wonderful Thai food, and how you can juggle the array of tasty and spicy (if you want) flavours to get just the right taste.

Contents: Contents; Introduction; 1. A little history; 2. The quick and the easy; 3. Some thoughts about herbs and spices; 4. Authentic Thai Cuisine; 5. Something to drink; 6. Stir-frying and basic recipe; 7. Soups; 8. Salads; 9. Steamed dishes; 10. Stir-fried dishes; 11. Grilled and deep-fried; 12. Curries; 13. Thai Vegetarian Dishes; 14. Desserts; Conversion Charts; Index.



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