



CHAKRAS: The Best Chakras Techniques for Beginners [New Age, Chakras Bundle] (CHAKRAS FOR BEGINNERS)

Adahí Flores

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Learn the Best Tips to Master your Chakras and Art of Reiki Healing

Take advantage of this great package with the Amazon #1best seller Reiki and Chakras for beginners for a limited price of just 3.99. The information in these is easily worth more than \$10 dollars each so don't hesitate, this is a must grab deal

These chakras book and Reiki contain proven steps and strategies on how to learn one of the most amazing powers we all possess, our chakra's energy and how to balance them for healing and living at our best.

If our chakras or any part of our vitality system are out of balance, it can have a significant effect on our physical, emotional, mental, and spiritual well-being. When they are out of parity or alignment, both our bodies and our lives are liable to be out of balance also. We may observe that we are prone to diseases, or that our lives are miserable, unsatisfying, or disorderly.

In these chakras and kundalini books you'll learn that by keeping our physical body healthy and working well is an essential practice in balancing and healing the chakras.

It keeps all the secretions, hormones, and functions of various systems of our body in harmony and aligned with one another. If our chakras or any part of our vitality system are out of balance, it can have a significant effect on our physical, emotional, mental, and spiritual well-being.

When they are out of parity or alignment, both our bodies and our lives are liable to be out of balance also. We may observe that we are prone to diseases, or that our lives are miserable, unsatisfying, or disorderly.

To be healthy and joyful and keeping on developing spiritually, it's essential to keep all the chakras balanced, easily flowing energy with

the cosmic energy.

Our chakras are source centers of life energy that each one demonstrates a unique state of awareness.

With this Chakras and Reiki box set you will learnh2>

- **Balancing of the Chakras- Its Role in Health**
- **Clearing the Chakras**
- **Healing the Chakras**
- **Prayer and Meditation**
- **chakra's energies**
- **Feel More Energized**
- **How your chakras reduce Pain**
- **And**
- **Much, much more!**

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