



## **Professional Burnout: Recent Developments In Theory And Research (Series in Applied Psychology)**

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A rapidly growing number of people experience psychological strain at their workplace. In almost all industrialized countries, absenteeism and turnover rates increase, and an increasing amount of workers receive disablement benefits because of psychological problems.

This book concentrates on a specific kind of occupational stress: burnout, the depletion of energy resources as a result of continuous emotional demands of the job. Focusing on a complete presentation of the past, present, and future burnout, this volume presents fresh theoretical perspectives that recently have been developed in the United States and Europe, discusses methodological issues, and examines organizational contexts. Written by an international group of leading scholars, the papers are divided into five sections: interpersonal approaches, individual approaches, organizational approaches, methodological issues, and the future outlook of burnout. This book expands on the First European Conference on Professional Burnout, held in Krakow, Poland, in 1990.

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