



The Land of Steady Habits

Ted Thompson

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"This assured, compassionate first novel channels the suburban angst of Updike and Cheever...with pitch-perfect prose and endearingly melancholy characters."--Booklist (Starred Review)

Anders Hill, entering his early sixties and seemingly ensconced in the "land of steady habits"--a nickname for the affluent, morally strict hamlets of Connecticut that dot his commuter rail line--abandons his career and family for a new condo and a new life. Stripped of the comforts of his previous identity, Anders turns up at a holiday party full of his ex-wife's friends and is surprised to find that the very world he rejected may be one he needs.

Thus Anders embarks on a clumsy, hilarious, and heartbreaking journey to reconcile his past with his present. Like the early work of John Updike, Ted Thompson's first novel finely observes a man in deep conflict with his community. With compassion for its characters and fresh insight into the American tradition of the "suburban narrative," THE LAND OF STEADY HABITS introduces an auspicious talent.

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