



# Ani's Raw Food Asia: Easy East-West Fusion Recipes the Raw Food Way

*Ani Phyo*

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## **Ani's Raw Food Asia: Easy East-West Fusion Recipes the Raw Food Way** Ani Phyo

You've been to her kitchen, enjoyed her desserts, and mastered the essentials; now go with raw food goddess Ani Phyo back to her roots for the first ever Asian raw food cookbook. Along with recipes from Korea, China, Japan, Thailand, Vietnam, India, Indonesia, and Hawaii and background information on traditional dishes, *Ani's Raw Food Asia* also offers essential tips on green living, well-being, longevity, fitness, beauty, and entertaining as inspired by a healthy Asian lifestyle.

Recipes include: Mixed Vegetable Skewers with Almond-Butter Sauce, Creamed Curry Saag, Vegetable Tempura with Orange Lemongrass Dipping Sauce, Marinated Shiitake Mushroom Dumplings, Corn Fritters with a Hot and Sour Cucumber Dipping Sauce, Dosas, Moo Shoo Vegetables, and more.

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A lot of people always spent their particular free time to vacation or even go to the outside with them family members or their friend. Did you know? Many a lot of people spent many people free time just watching TV, or even playing video games all day long. In order to try to find a new activity that is look different you can read a new book. It is really fun in your case. If you enjoy the book that you simply read you can spent the entire day to reading a book. The book Ani's Raw Food Asia: Easy East-West Fusion Recipes the Raw Food Way it is extremely good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to bring this book you can buy the actual e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book features high quality.

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