



Sailing Promise: Around the World on a Catamaran

Alayne Main

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Will You Marry Me... And Sail Around the World? Alayne Main was 28 years old with an exciting medical career and minimal sailing experience, but she lived up to her sailing promise. She and her husband quit their jobs, bought a 33-foot catamaran and blithely sailed away! The challenges were immense - storms at sea, a collision with a whale and the threat of pirates - but her greatest challenge was the emotional turmoil their adventurous and uncertain lifestyle created. Her relationship deteriorating, Alayne was forced to deal with her fear and understand what drove her to continue to sail across vast unpredictable oceans - with only her husband to turn to. After four years, they came home as circumnavigators - and still married. An honest, deeply moving and wonderfully woven tale of a young woman's journeys - into herself, her marriage and around the world. Anyone in a partnership - man or woman, sailor or not - will benefit from this book.

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