



# Transforming Spirituality: Integrating Theology and Psychology

*F. LeRon Shults, Steven J. Sandage*

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**Transforming Spirituality: Integrating Theology and Psychology** F. LeRon Shults, Steven J. Sandage  
The twenty-first century has given rise to a growing interest in the intersection of science, religion, and spirituality. Few books address these issues from multiple perspectives and theories. To fill this void, F. LeRon Shults and Steven Sandage, coauthors of *The Faces of Forgiveness* (winner of the Narramore Award from the Christian Association for Psychological Studies) continue their interdisciplinary dialogue in their latest work, *Transforming Spirituality*. In this book Shults and Sandage address the subject of spiritual transformation through the lenses of psychology and theology.

In addition to college and seminary students, *Transforming Spirituality* will appeal to readers interested in Christian spirituality. What is more, it provides helpful insights for counselors, psychologists, and others who work in the mental health field.

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