



Thermomix: Die besten Baby-Rezepte. Lecker, einfach und gesund! (German Edition)

Tina Richter

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*** Neuerscheinung ***

Viele **gesunde Baby-Rezepte** für den Thermomix!

Das Einführen fester Nahrung in die Babykost ist eine **wichtige Phase im Leben eines Kindes**. In dieser Zeit möchte man als Eltern alles richtig machen. Mit diesem Rezeptbuch gelingt es ganz einfach, das **Baby gesund zu ernähren** und **Industriekost zu vermeiden** .

Als Mutter zweier Kinder und Thermomix-Köchin habe ich diese Rezepte bereits für die Ernährung meiner Kinder angewendet. Neben dem Geschmack, sind mir die **natürlichen, frischen und gesunden Zutaten** wichtig. Ebenso eine **einfache und schnelle Zubereitung**.

In diesem Buch finden Sie leckere Rezepte für **Breie** und **leichte Festkost**.

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