



# **The Anti-Inflammatory Snack Cookbook: Snack Recipes To Fight Inflammation, Heart Disease And Heal Your Body (Anti-Inflammation Cookbooks Book 2)**

*Susan Harris*

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## **It's Time For Real Snack On Real Foods, Which Are Not Just Healthy, But Also Eliminate Inflammation And Prevent Heart Disease!**

**Today only, get this Amazon ebook for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.**

You're about to discover how to make healthy and delicious breakfast meals using natural ingredients.

The modern American diet can literally kill you. Food additives, refined white flour, tons of sugar...Putting these into you body often leads to persistent inflammation, obesity, heart disease, diabetes, even cancer.

Furthermore, if you think about what the popular snacks in the modern age are, chips, cakes, chocolate bars, and everything sugary and non-natural...It's time to change!

With this cookbook, you'll learn how to make tasty snacks which will heal your body, prevent diseases and destroy inflammation. No more added sugar, refined flours and food additives...Just healthy ingredients which will make your food taste like food should be. You can even bring these snacks to your workplace!

### **Just A Little Teaser ...**

- Rosemary and Sea Salt Sweet Potato Chips
- Grain Free Power Balls
- Fire Roasted Red Pepper Poppers
- Anti-Inflammies: A Healthy Gummy Snack 8
- Low Carb Canjun Cauliflower Mini Dogs
- Much, much more!

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