



# Stuff my dad never told me about **RELATIONSHIPS**

*Patrick Kelly Dodson*

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## **Stuff my dad never told me about RELATIONSHIPS** Patrick Kelly Dodson

This is the conversation we wish we had with our fathers. Drawing on a committed marriage spanning 25 years and on his creative role as a father and life-coach, Patrick Dodson offers a clear guide to the tricky path of developing relationships. Writing with the heart of a father, he speaks from his own experience and offers a dynamic mix of cultural and scientific views to broaden our understanding. He also confronts us about the selfish way we sabotage friendships with our focus on attractions and our search for "the one". The result is a challenging opportunity to "be the one" for those you love, from a dad who's been there, done that. This provocative book is down-to-earth advice that leads us systematically through three key stages in the journey toward relational wholeness. The first section helps us see our selfish foundations and the benefit of being unconditional friends. The second exposes eight relationship destroyers and how to work through them. The third section is about practicing these principles with the relationships we already have (with our family, neighbors and best friends) so that the new ones we form will be based on a solid love. Patrick is an international speaker on many subjects including identity, creativity, and community development. With over three decades of experience in 30 countries, he has reached a massive audience of people who follow his podcasts and further the conversation on his blogs and website.

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