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Food Safety and Nutrition



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Consumption of unsafe and low quality nutritional food products is a major threat to public health and welfare. It is thus crucial to understand the value of food safety practices and impact of dietary habits and food borne diseases on global population. This book addresses major food safety and nutrition problems, provides various strategies and methods to maintain optimal nutrition and notable levels of food safety. It covers various approaches in food safety, nutrition, dietetics and management. It collates knowledge on emerging aspects, practices and applications of food science. Students and researchers will find this text beneficial to develop various food safety measures and technologies.

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