

# CONFIDENCE: Learn How to Say Goodbye to All of Your Fears and Unlock Your True Potential! (How to Improve Confidence and Live a Happier Life Book 1)

Michael Scott, Michael

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"With realization of one's own potential and self-confidence in one's ability, one can build a better world." - Dalai Lama

Think about these for a second:

- Have you ever given up on a goal because of what people might think about you?
- Do you have a fear of public speaking?
- Do you shy away from confrontation?
- Are you afraid to approach that pretty girl sitting at the bar?
- Do you feel uncomfortable when you have to participate in meetings or group discussions?
- Are you afraid to ask your boss for a raise that you know you deserve?
- Are you still worried about starting that new venture you had in mind for so long?

If you answered 'YES' to any of these questions, then THIS is the book for you!

You will learn how to face all of these situations and more by becoming the most confident you. This guide includes a 14 day action plan so that you can start your journey of redefining yourself in the best way possible.

Working on your self-confidence will let you grab life by the horns, so get started today!



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