



100 Questions & Answers About Adult ADHD

Ava T. Albrecht

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An outstanding reference for the millions of adults suffering from adult ADHD, their families, and their friends. 100 Questions & Answers About Adult ADHD provides authoritative, practical answers to your questions about symptom recognition, proper diagnosis, and treatment. This book is an excellent resource for learning and coping with the medical and emotional effects of Adult ADHD.

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